

SPECIFIC GUIDELINES PACK



This document acts as a guide to the specific considerations and undertakings for your potential record attempt and is to be used in conjunction with the **Guide to Your Evidence**, which outlines the evidence we require to verify the success of your record attempt. These guidelines should be read and understood by all concerned with the record attempt prior to the attempt – this includes every participant, organiser and witness.

These guidelines are specific to your record attempt and **must** be followed. Should any part of these guidelines be contravened, your record attempt will be disqualified, without any right of appeal.

Additionally, these guidelines in no way provide any kind of safety advice and cannot be construed as providing any comfort that the record attempt is free from risk.

Guinness World Records accepts no responsibility for the safety of participants or bystanders in any record attempt. It is your sole responsibility to ensure that (a) all necessary safety precautions are in place and that all equipment used is suitable and thoroughly checked prior to the record attempt taking place and (b) you are in compliance with all applicable health and safety laws and regulations.

If you are organising a record attempt in association with an **alcoholic brand** you must seek explicit written permission in advance from Guinness World Records otherwise your record may not be approved.

Finally, the provision of these guidelines in no way constitutes Guinness World Records' consent for you to undertake a record attempt. Any record attempt will only be considered to be authorised by us where you have signed our standard agreement in relation to record attempts.

Fastest 100 miles (unicycle)

Record definition

- This record is for the fastest time to cover 100 miles by unicycle.
- This record is to be attempted by an individual.
- This record is measured in minutes and seconds to the nearest 0.01 seconds.

Rules for Fastest 100 miles (unicycle)

1. This record is for the fastest time to cover 100 miles by unicycle.
2. In keeping with the spirit of this record, the unicycle itself should be 'standard', that is, it should consist simply of a single pole, a wheel, a seat, and a set of pedals that are directly coupled to the wheel (either through a chain or by being connected directly to the axle of the wheel). No other modifications, additions etc. are permitted. Clear colour photographs and detailed dimensions and specifications of the unicycle must be provided.
3. The unicycle wheel may be of any diameter.
4. The clock stops when the claimant's upper body crosses the line marking the end of the 100 mile distance.
5. The claimant may not cross into another lane during the attempt.
6. The competitor must complete the full distance. If they do not finish, the attempt is disqualified.
7. The sprint should be made from a standing start.
8. The event must be made on a pre-measured course that is perfectly level. Ideally, this should be an official athletics track. Where such a track is not used, the course must be measured and marked out by someone suitably qualified, such as a professional surveyor. This person should also confirm that the average gradient over the entire course is no greater than 1:1000. If the gradient is steeper than this, the record attempt must be made "uphill". The surveyor must submit a written statement on letterhead paper confirming their professional status, and that these requirements have been met.
9. At least one of the independent witnesses present at the record attempt should be an official of a unicycling organisation or club.
10. Timing must be done using a chronograph activated by photo-electric timing cells positioned at either end of the track. If this is not possible, two experienced timekeepers (e.g. from a local athletics club) must time the attempt with stopwatches accurate to 0.01 seconds. If there is any difference between the two timings, the average should be recorded as the official time. Statements from the timekeepers must be submitted.

Rules for 'fastest contraption' records

Please make sure you follow ALL these rules:

- a. The vehicle should move under its own power, and may not be towed.
- b. Even if items are not made by commercial/professional enterprises, reasonable standards of workmanship are required.
- c. Speed must be measured using a 'speed trap' consisting of electronic timing lights placed at

the start and finish of the course. The record speed will be taken as the average of the fastest consecutive runs in opposite directions and the runs must take place within an hour of each other.

d. All timing equipment must be sourced from and operated by suitably qualified professionals, who must submit a statement after the event confirming the record speed and how it was measured. These instruments must be accurate to at least 1/1000th of a second.

g. The event should take place in a public place or in a venue open to public inspection.

Please make sure you supply the following evidence:

- One cover letter explaining the context of the record attempt. Please indicate the date, time and exact location of the record attempt, your chosen witnesses and your record attempt measurement. Also please provide full details of the person(s)/organisation attempting the record including details on the preparation for the attempt.
- A statement from the independent timing professionals, which must detail the equipment used to time the speed, and the associated error tolerances over the distance measured. This statement **MUST** provide confirmation of the speed in kilometres per hour (km/h), with the equivalent given in miles per hour (mph).
- Two independent witness statements must be provided confirming that the rules above have been adhered to. A template for this statement is provided in the Your Guide to Evidence document.
- Schedule 2 should be signed by you when you are sending in evidence which you either own or have permission to allow Guinness World Records to use.
- If you include any photographs or video in your evidence which you do not own or have permission to allow Guinness World Records to use, then you must include Schedule 3.
- Media articles (newspaper, online, TV or radio) can be submitted as part of the evidence requirements. This is not compulsory evidence.

Please read the Guide to Your Evidence document, where you will find further information about the evidence requirements and evidence templates. It is paramount this document is read before you submit your evidence.

Evidence checklist

- Cover letter
- Timing professional statement
- Witness statement 1
- Witness statement 2
- Schedule 2 (signed)
- Schedule 3 (signed)
- Media articles
- Surveyor's report